

What to Do in La Gomera

A 5-day guide with real prices



La Gomera is the island that time respected: the ancient Garajonay forest, ravines where people talk by whistling, and villages hanging from the hillsides. Fifty minutes by ferry from Tenerife, it's another dimension. This 5-day plan covers it with real excursions and real prices.

Your 5-day plan

Day
1

Garajonay, a 10-million-year-old forest

Garajonay National Park preserves the laurel forest that covered the Mediterranean before the ice ages. The small-group tour (€75) takes you among mist-wrapped trees with a local guide – silbo whistling demonstration included.

Day
2

Whales and dolphins in calm waters

The southwest coast is among the best in the Canaries for cetaceans: boat trip from Valle Gran Rey/Playa Santiago (€48). Resident pilot whales all but guaranteed, plus dizzying cliffs seen from the sea.

Day
3

The island by jeep

The full-day jeep safari (€150) goes where buses can't: interior tracks, jaw-dropping ravine viewpoints and stops in villages like Hermigua and Agulo, "Spain's prettiest village".

Day
4

Valle Gran Rey and the west coast

An easy day in the island's most famous valley: banana terraces tumbling to the sea, black-sand beaches and the alternative vibe that seduced half of Europe in the 70s. Sunset from La Puntilla is mandatory.

Day
5

San Sebastián, the Columbus connection

Finish in the capital: the Torre del Conde, the house where Columbus stocked up on water before the Americas, and the local market. Staying on Tenerife? The full-day trip (€110, ferry and bus included) condenses Garajonay, viewpoints and lunch into one day.

Local tips

- Staying on Tenerife? Book the full-day trip ahead: it's the island's best-selling activity.
- Silbo gomero is UNESCO heritage – ask for a demonstration, guides usually whistle.
- The roads are curves over ravines: if you get carsick, sit up front.
- Try almogrote (cured-cheese pâté) and palm honey at any local bar.

Ready to book?

Every plan in this guide (plus 30 more across the four islands) lives at [tourcanary.com](https://www.tourcanary.com), with free cancellation on most activities.

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