

What to Do in Gran Canaria

A 5-day guide with real prices



They call it a "miniature continent": postcard dunes in the south, 2,000-metre peaks in the centre and a capital with a colonial old town. This 5-day plan covers the essentials through the best-rated excursions – real prices included.

Your 5-day plan

Day
1

Maspalomas dunes by camel

The classic that never misses: a guided camel ride through the Maspalomas dunes (€15), best at first light or sunset when the sand glows. Follow with the Maspalomas lighthouse and a swim.

Day
2

Dolphins and catamarans

Set sail from the south: a catamaran cruise with dolphin watching and a snorkel stop (€37), or the full-day version with food and drinks on board (€80). Bottlenose dolphins live here year-round.

Day
3

Arucas, Teror and Roque Nublo

Inland day: Arucas' neo-Gothic "cathedral", the pilgrimage town of Teror and the walk up to Roque Nublo, the island's 1,813-metre icon (full trip €44). The contrast with the coast will change your idea of the island.

Day
4

Ravine adventures

Pick your machine: a guided buggy excursion along tracks and ravines (€90) or an off-road jeep tour through inland valleys and villages (€65). Both leave from the south; no experience needed.

Day
5

Under the sea and family fun

Finish with the Poema del Mar aquarium in Las Palmas (€27, skip-the-line), the shows at Palmitos Park (€39), or Puerto de Mogán's real submarine dive (€38) – departing from the south's prettiest canal village.

Local tips

- The south is near-desert, the north humid and green: 20 minutes by car changes the weather.
- Roque Nublo: wear closed shoes – the final walk is 30 minutes over volcanic rock.
- Las Canteras (Las Palmas) is one of Europe's best city beaches – and free.
- Vegueta market on Sunday morning is the best free plan in the capital.

Ready to book?

Every plan in this guide (plus 30 more across the four islands) lives at [tourcanary.com](https://www.tourcanary.com), with free cancellation on most activities.

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